

Freedom and Fullness

Getting Free and Staying Free

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Daily Grace Ministries, Inc.

Freedom and Fullness: Getting Free and Staying Free

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I also wish to acknowledge the inspiration drawn from *Shadow Boxing* by Dr. Henry Malone, Founder of Vision Life Ministries. His teachings on spiritual identity, inner healing, and overcoming hidden battles have influenced and encouraged many believers — including myself — and helped frame some of the spiritual concepts explored in this work. This eBook is not a reproduction of that material, but rather a personal application and ministry expression inspired by those principles. This work is written with the permission of Vision Life Ministries.

Finally, I extend heartfelt thanks to all who have prayed, supported, encouraged, and labored behind the scenes to make this ministry possible. May this resource serve as a tool for deeper freedom, renewed identity, and wholehearted living in Christ.

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Introduction

Living life abundantly, free of demonic oppression, is our right as God's children. My intent in writing this eBook is to give those who have attended a Freedom and Fullness Ministry Event and/or read the book, "Shadow Boxing," written by Dr. Henry Malone, tools to help them stay free. Dr. Malone was the founder of Vision Life Ministries (VLM), an amazingly anointed man of God, a man God called to minister to tens of 1000s of people globally, a man God equipped to train 1000s of Christians to minister freedom throughout the world, and he was an awesome husband to his precious wife and ministry partner Tina Malone.

Please begin reading this eBook by praying one of the following prayers.

Prayer for Restoration

Pray this prayer from your heart. "Lord Jesus, I come back to You with a humble and open heart. I acknowledge where I have drifted from Your will. I repent for my disobedience, for choosing my own way, and for resisting Your authority in my life. Please forgive me, Lord, and restore what has been broken. Cleanse my heart, renew my mind, and realign my life with Your truth. Wash me anew in Your grace and mercy. I thank You that I am already Yours, redeemed by Your blood. I receive Your restoring power today — restoring my joy, my peace, my intimacy with You, and my obedience to Your voice. I surrender again to Your lordship. Be enthroned in every area of my life. Lead me, correct me, and strengthen me to walk

faithfully with You. Thank You, Lord Jesus, for Your unfailing love, Your patience, and Your restoring grace. In Your mighty name, amen.”

Be assured that God has completely restored your relationship with Him.

Prayer for Salvation

Pray this prayer from your heart. “Lord Jesus, come into my heart. I repent for all my sins. I repent for living in disobedience to Your will. I repent for my rebellion to your authority. Please forgive me. Wash me clean with Your blood. Come into my life and make me a new creation. By faith, I receive Your gift of eternal life. I acknowledge that You died for my sins, the sins of the world, and that You rose from the dead. I confess You now, Lord Jesus, as my Savior and the Lord of my life, in Your Mighty Name. Thank you, Lord Jesus, for giving me your free gift of salvation.”

“Welcome into the Family of God.” Be assured that you are saved and in the Family of God.

Chapter 1. Spiritual Freedom

What is spiritual freedom? Spiritual freedom begins with the understanding that we need Jesus, since the Bible tells us, without Him we can do nothing. Jesus makes this clear in **John 15:5**.

“I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; **for without Me you can do nothing.**” **John 15:5 NKJV**

I really like the way The Passion Translation (TPT) makes this clear. “I am the sprouting vine and you are my branches. As you live in union with me as your source, fruitfulness will stream from within you—**but when you live separated from me you are powerless.**” **John 15:5 TPT**

In Philippians 4:13 the Apostle Paul tells us that Jesus is our source of spiritual freedom. **“I can do all things through Christ who strengthens me.” Philippians 4:13 NKJV**

Once again TPT gives us a clear understanding of what Paul was communicating to us:

“I know what it means to lack, and I know what it means to experience overwhelming abundance. For I am trained in the secret of overcoming all things, whether in fullness or in hunger. **And I find that the strength of Christ’s explosive power infuses me to conquer every difficulty.**” **Philippians 4:12-13 TPT**

Freedom to Thrive

We must realize that Jesus told us, “Be well balanced and always alert, because your enemy, the devil, roams around incessantly, like a roaring lion looking for its prey to devour.” **1 Peter 5:8 TPT**

Jesus also said, “A thief has only one thing in mind—he wants to steal, slaughter, and destroy. But I have come to give you everything in abundance, more than you expect —life in its fullness until you overflow!” **John 10:10 TPT**

Jesus told us that we are set free! “The Spirit of the Lord is upon me, and he has anointed me to be hope for the poor, healing for the brokenhearted, and new eyes for the blind, and to preach to prisoners, **‘You are set free!’** I have come to share the message of Jubilee, for the time of God’s great acceptance has begun.” **Luke 4:18-19 TPT**

Let’s think about what Jesus is saying to us in Luke. Jesus is telling us that He came into the world filled with and empowered by the Holy Spirit. He came anointed by God, the Father, “to be hope to the poor.” When He says, “the poor,” Jesus is talking about those poor in spirit, who have no or a weak relationship with God, as well as those who are financially poor. Jesus is the true Hope to us all.

Jesus is, “healing to the broken hearted.” Jesus is clearly telling us that He is the One, the true Way for us to heal from all emotional trauma, relationships disasters, all accidents, rejection, disappointments, neglect,

abuse, everything that hurts us deeply. **Unfortunately, so many of us do not know this or misunderstand this** and seek comfort in alcohol, drugs, food, sex, etc. all of which the enemy uses to keep us in bondage. Jesus is the only true way to heal the brokenness in our hearts.

Jesus is, “new eyes to the blind.” “The blind,” are so many of us who live life unaware of our created purpose to thrive. Many of us do not see that the enemy stealing the, “everything in abundance, more than you expect,” that Jesus came and gave us.

The Apostle Paul helps us further understand this ‘blindness,’ “for their minds have been blinded by the god of this age, leaving them in unbelief. Their blindness keeps them from seeing the dayspring light of the gospel of the glory of Christ, who is the divine image of God.” **2 Corinthians 4:4 TPT** And of course, Jesus also heals those who are physically blind.

Jesus is anointed, “to preach to prisoners, ‘You are set free!’ I have come to share the message of Jubilee, for the time of God’s great acceptance has begun.” His message is that, **“you are set free!”** Jesus is saying that He set us free, free to thrive in all areas of our lives. Jesus is speaking to all of us who lack His spiritual freedom.

Please also realize, “For God’s Word is something to sing about! He is true to his promises, his word can be trusted, and everything he does is reliable and right.” **Psalms 33:4 TPT**

Let's choose to believe that God's word is truth. Now since His words are true, why aren't we living the abundant life Jesus already gave us? Let's explore the possibilities...

Freedom to Live an Abundant Life

Many of us have been blessed through an association with Vision Life Ministries (VLM), the ministry calling of Dr. Henry and Tina Malone. Personally, I was blessed to have had them in my life for a few years as my Spiritual parents.

Several years ago, while I was participating in a small group, the Holy Spirit inspired a physically blind woman, who was a Christian counselor, to tell me that I needed to read the book, "Shadow Boxing," written by Dr. Henry Malone. (I suggest everyone read that book.) Reading it inspired me to learn about and attend a "VLM Freedom and Fullness" seminar in 2015. My life was changing dramatically. I was freer than ever before. This new sense of freedom helped me realize God's calling on my life, to help others enjoy the Freedom Jesus came and gave us. I was blessed to attend all of VLM's training, was ordained by God, served on VLM's Ministry team, and founded Daily Grace Ministries, Inc.

Enough about me, let's talk about how you can enjoy more of the freedom Jesus gave us. Let's learn about and/or review the 2-5-14 principle.

The 2-5-14 Principle or Strategy

The 2-5-14 principle or strategy comes from the wisdom God downloaded to Dr. Henry Malone. It is taught about and explained in Dr. Malone's book, "Shadow Boxing," and at the Freedom and Fullness seminars. Let's review...

The "2" in the "2-5-14" Principle or Strategy

The "2" represents the two ways the enemy messes with our lives through "Intrusion" and "Legal Access."

Intrusion is when the enemy does something, gives us an ungodly thought, inspires an argument, etc., primarily to get us to take our eyes off Jesus. An example would be similar to a thief coming into our home to rob us. The thief has no legal right to be there.

Another example would be an argument that occurs between your spouse and you on your way to church. You arrive at church focused on the argument, instead of Jesus, and miss all that God had for you. The enemy just sits back and laughs.

Legal Access occurs when you, someone in your bloodlines, or someone in authority over you, does something that gives the enemy the legal right to oppress you, to mess with your life. And until that legal access is cancelled, the enemy can and will mess with you whenever they want.

The “5” in the “2-5-14” Principle or Strategy

The “5” represents five open doors, the how and why, giving the enemy the legal right to oppress us as often as they like. A straightforward way to explain this is to ask you to picture your home having five doors and the enemy has a key to each door. They can open any one of the your “doors” and come in to mess with your life whenever they want. The “keys” represent the legal access given to the enemy by something you, your ancestors, or someone in authority over you did or said.

The “14” in the “2-5-14” Principle or Strategy

The “14” represents 14 demonic “root spirits” that the Bible names specifically as “spirits.” We believe these to be the root spirits that Satan systematically uses to work his evil ways into our lives.

Chapter 2. The Five (5) Open Doors

This chapter will give insight into each of the five open doors along with the prayers that you can pray, with authority, in the Name of Jesus. Praying each recommended prayer, in faith, will close that door, lock it, and return the key to you.

Door #1 – Willful Sin / Disobedience

Door #2 – Unforgiveness

Door #3 – Curses and Generational Curses

Door #4 – Emotional Trauma

Door #5 – Inner Vows and Judgements

Door #1 – Willful Sin or Disobedience

As I'm sure we already know, Willful Sin/Disobedience is any thought, attitude, or action in direct disobedience to God's Word. It's when we DO what God told us NOT to do. An example is having sex outside of marriage. Or it's when we do NOT do what God told us to do.

A power example is found in **First Samuel 15:22-23 NKJV** where King Saul disobeyed God... and God spoke through the Prophet Samuel saying, "Behold, to obey is better than sacrifice" and He also said, "For rebellion is as the sin of witchcraft, and stubbornness is as iniquity and idolatry."

I Samuel 15:22-23 NKJV

Ultimately, because of his disobedience, his rebellion, his "human reasoning," doing what he thought was right, vs. what God told him to do,

King Saul lost his right to be king and then, lost his life, along with his son Jonathan, in battle.

Let's realize that disobedience leads to deception. **It's often a result of our human reasoning.** You see, a deceived person believes they're right even though they're in rebellion. And, they blame other people. Now, when we disobey God, it's like we're saying we know more than God does. And because of that, we can actually live a life of sacrifice and self-denial and still be in disobedience to God. Can you relate to that?

Please realize that we have freedom of choice, we can choose to trust God with our ALL our heart and submit to Him and His authority completely OR we can foolishly choose to use our human reasoning, our understanding, our experience, and all that we've learned in order to deal with situations our way and in our strength. "Trust in the Lord completely, and do not rely on your own opinions. With all your heart rely on him to guide you, and he will lead you in every decision you make." **Proverbs 3:5**

TPT

Would agree that it's better to choose to trust God and be obedient to Him?

God's Word tells us the root of disobedience is stubbornness, pride, and/or unbelief. Disobedience to God is rebellion, which is the same as witchcraft. Please understand that the more we rebel, the more power we give to demonic spirits to control us. There is no freedom in rebellion. There is only increasing bondage and control.

Disobedience, rebellion to God's authority, whether it's direct or delegated authority, moves a person from the realm of light to the realm of darkness where Satan, and his demonic army have access.

Here is a personal example of my disobedience to God: A young woman, a neighbor of mine who spoke little English, seemed to get into minor car accidents often. She just got into a minor car accident and God told me that she has a curse causing her to get into those accidents. I sensed God telling me to break that curse off her. I tried reasoning with Him, saying, "She's young, I don't really know her, she doesn't speak English, so I did nothing.

A couple of weeks later she was in another minor car accident, and once again, God told me to break the curse causing those accidents off her. And once again, I tried reasoning with God and did nothing.

A few days later, my SUV was parked on the street in front of the car she was driving. During the evening hours, a vehicle smashed into her car and pushed it into the back of my SUV. I noticed this as I was leaving for work in the morning. Again, I sensed God telling me to break this curse of her.

This definitely got my attention. I repented for my disobedience and immediately contacted a friend who spoke Spanish to come help me. We spoke to the young woman and explained that we believed that she had a curse effecting her. She allowed me to pray for her. I broke that accident causing curse off her in Jesus Name. The continuous car accidents stopped happening in her life.

Prayer of Repentance for Willful Sin or Disobedience

Pray the following prayer every time you realize you've sinned or when Holy Spirit reveals any unconfessed sin in your life.

Dear Heavenly Father, I confess to you that I have willfully sinned. My sins were wicked, ungodly and against You. Please forgive me of my sins and my rebellion against You and cleanse me of all unrighteousness according to Your word in **I John 1:9**. I confess that I have willfully chosen to rebel against You and Your Word. Forgive me and cleanse me.

Today I choose to agree with You, that no sin will have dominion over me. I turn away from the sin(s) of _____ and receive the power of the cross through which I am crucified to the world, and the world is crucified to me. By your grace, I am dead to these sins. From this day forward, with your help, I will walk in Your freedom. I receive Your forgiveness and cleansing by the blood of Jesus, and I declare that I am free from these sins in Jesus' name right now. Amen.

God forgives you – accept and receive God's forgiveness. You are forgiven.

I John 1:9 TPT “But if we freely admit our sins when his light uncovers them, he will be faithful to forgive us every time. God is just to forgive us our sins because of Christ, and he will continue to cleanse us from all unrighteousness.”

Ephesians 1:6-7 NKJV “...to the praise of the glory of His grace, by which He has made us accepted in the Beloved. In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace.”

Door #2 – Unforgiveness

Unforgiveness is the second way the enemy and his demonic army have the legal right to mess with our lives. Now I know that you all know what **“Not to Forgive”** means, so let’s go a little deeper.

“Unforgiveness” is when we refuse to let go of an offense, a wrong done to us, or a debt owed to us by someone. Now, when we choose to hold on to things, a bitter root forms in our spiritual heart and has an effect on our lives that may not even realize.

In Matthew 6:14-15 NLT – Jesus said, “For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses.”

In Mark 11:25-26 NKJV – Jesus Said, “And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses. But if you do not forgive, neither will your Father in heaven forgive your trespasses.”

And Colossians 3:13 NKJV brings the point home by telling us, “...bearing with one another, and forgiving one another, if anyone has a

complaint against another; even as Christ forgave you, so you also must do.”

These scriptures make it pretty clear. **God commands us to forgive ALL others** and, by the way, “ALL” means ALL. This includes forgiving God and forgiving ourselves. Now let’s realize that God has done nothing wrong, yet most of us tend to blame Him for something. These scriptures also tell us that when God forgives us, He forgives us completely. And because God already forgave us, He tells us that we must forgive others.

Why is Forgiving and Letting Go So Difficult?

In many cases it stubborn pride or arrogance. In other cases it’s because of a deep hurt or trauma that only God can heal.

In Matthew 18:21-22 NKJV Jesus shares His thoughts about forgiveness, “Then Peter came to Him and said, “Lord, how often shall my brother sin against me, and I forgive him? Up to seven times?” Jesus said to him, “I do not say to you, up to seven times, but up to seventy times seven.”

When we look at the original Greek text, we find that Jesus said to forgive the same person 70 x 7 or 490 times. And here’s the caveat – we are to forgive the same person 490 times for the same offense, on the same day.

Basically, Jesus is telling us that no matter how many times someone does us wrong, He wants us to forgive them. Can you relate with that?

Continuing in Matthew 18:23-35 NKJV – Jesus gives us a yet a deeper understanding with the Parable of the Unjust Steward. (paraphrased)

A King finds that a servant owes him 10,000 talents. A talent was a measure used to weigh precious metals like gold and silver.

This man could not pay, so the King ordered him to be sold along with his family and goods and the money was to be paid on the debt.

The man falls on his knees and begs the King for time to pay the debt. The King has compassion on the man and forgives the complete debt and lets him go free.

The man leaves the presence of the King and on his way finds a fellow servant who owes him one hundred denarii. He demands to be paid immediately and if not, he would throw the other servant in jail until the debt was paid.

The fellow servant falls on his knees and begs the man just like he begged the King, but the man had his servant thrown in jail.

Other servants were watching and they went back to tell the King what happened. The King became very angry and He called the servant back in.

The King said, “You wicked servant. I’m going to put you in prison and deliver you to the tormentors until you pay me all you owe.”

Jesus said, "So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses."

Matthew 18:35 NKJV

By the way, 10,000 talents were equal to about \$12B when gold was \$1,000.00/ounce. Today it's worth over \$40B and rising. The point Jesus is making is that it's an unpayable debt! No servant in their lifetime could ever repay that debt.

The King, who is God, had compassion on us and completely forgave us a debt we could not pay.

And for the purpose of making a point the one hundred denarii in this parable are equal to \$12.50.

So when someone wrongs us, if we do not forgive them, we make a \$12.50 note with their name on it. And we may have a large stack of notes with the same person's name on it.

Forgiveness is like tearing up all the \$12.50 notes and letting the person go free.

Please realize that Jesus said we must forgive from our heart.

Now the word "heart" here means "inner man" or "spirit." We must forgive from our spirit, our spiritual heart. We must also have a "release" of our emotions.

You see, forgiveness starts in our mind with our will, but must include our spirit (our conscience). If we don't forgive from our heart, we've only made an intellectual decision and we do not get the complete freedom that we need. Can you relate with that?

When we don't effectively forgive, the enemy plants a bitter root spirit in our heart, our spiritual heart.

And a bitter root spirit causes relationships to become distant. It opens the door for hatred, resentment, suspicion, jealousy, and murder.

It causes a blockage between God and us that hinders fellowship with Him and can hinder the answers to our prayers.

And a bitter root spirit, a broken spirit, can cause sickness and depression. "A joyful, cheerful heart brings healing to both body and soul. But the one whose heart is crushed struggles with sickness and depression."

Proverbs 17:22 TPT

Proverbs 17:22 AMP tells us, "a broken spirit dries up the bones." And unforgiveness gives the enemy, and his army of demonic spirits, the legal right to continue to torment us.

Do you want that? Of course not.

Let's take a look a couple examples or how we may have been taught to forgive in life:

1. There was a little boy named Johnny, He pinches his little sister and she goes crying to mama. Momma and little sister go to little Johnny and tell him that what he did was wrong. Momma tells him to tell his sister he is sorry and give her a hug. So little Johnny grudgingly tells his little sister he's sorry and gives her a hug. And with tears in her little eyes she says, "Ok." – That is not real forgiveness. Nothing happened. Little John wasn't really sorry and little sister didn't really let it go.
2. Two Christian brothers have an issue while doing business. The issue is brought before their Pastor. The Pastor tells them, "You men know better than to do each other wrong." The men are told to tell each other they're sorry, shake hands, and let things go. The men do that and then never talk to each other again. Nothing happened. That is not real forgiveness.

We need to realize that all spiritual and emotional healing, including deliverance, depends on true, real forgiveness.

How Do We Forgive?

In John 15:5 NKJV Jesus said, "...without Me you can do nothing." By the way, "nothing" means nothing. **Philippians 4:13 says, "I can do all things through Christ who gives me strength."**

Since that's true, here are some things that are important to know about Forgiveness and how to Forgive:

We need to realize that we cannot forgive on our own. Forgiveness is a supernatural act. We must realize that ONLY humble and empowered by God, the Holy Spirit, can we truly and completely forgive.

Often, we've had deep hurts during our childhood. Usually before we had the ability to reason or to know how to forgive. So, that unforgiveness becomes bitter and is deeply rooted. Only God, in His power and love, can pull those bitter roots out.

Often, we feel that to forgive means the person is getting away with what they did. All of us have to answer to God. God is the judge, the avenger, and the forgiver. Only God can take revenge. **God says, "I will take revenge; I will pay them back." Deuteronomy 32:35 NL**

We often rationalize or deceive ourselves about unforgiveness. This is a big one for most Christians. You know, I've ministered to a # of people who told me they have no one that they need to forgive. Then, when they ask the Holy Spirit, He reveals at least a few people that they haven't truly forgiven.

We sometimes want to make "requirements" or "conditions" for forgiveness.

We think or say, "I'll forgive them when they repent, when they realize how deeply they hurt me, when they ask for my forgiveness." Or we put

them on probation. “I’ll forgive you this time, but you better not do it again.” Or we reject them. “I’ll forgive them, but I don’t want to have anything to do with them.” These are Not Forgiveness.

Here are some other things about Unforgiveness to really think about:

When we see that person somewhere, do we ignore them and turn the other way? Do we really desire the best for the person? Would we grieve if something bad happened to them – or would we secretly rejoice? And, sometimes it’s impossible to have a relationship with that person, but does that grieve you in any way?

It’s also especially important to realize that there is a difference between forgiveness and trusting someone again.

True forgiveness includes a willingness to risk some kind of relationship again, but trust is rebuilt ONLY as a person proves themselves, whatever that takes.

Here’s a personal example: A few years ago, I let a relative move into my spare bedroom helping them out of a drug-related and abusive situation. Things were kind of going ok until one morning when that person tried to kill me. They first came at me with knife. I took it away. Then they hit me in the head with a golf club. I was bleeding a lot so they called 911. When the police came, they found out that that person was on under the influence of drugs and they were arrested.

I prayed and the bleeding stopped – it did. By God’s grace, I immediately forgave them, but I no longer trusted them. Today, they are drug free and we are rebuilding our relationship. And I am starting to trust that person again.

Forgiveness is given freely, but trust is earned. Now there are some situation where it’s possible to forgive someone and to never trust them again.

Here’s an example: An accountant, who worked for an owner of a company for several years, was found to be stealing. When the owner confronted him, he admitted it, quickly apologized, and promised to never do it again. The owner, being a Christian, forgave him and told him that he would not have him arrested, but he was fired effective immediately.

The next day the account called that owner begging for his job back. He told the owner the he was terribly sorry, he had a mortgage to pay, a family to provide for, and he needed his job back. He told the owner that he was sorry and since the owner was a Christian and forgave him, he wanted his job back.

The owner told him that he did not trust him and he could never be his accountant again. The owner told the man that he needed someone to sweep the warehouse and he could have that job.

Now in Matthew 5:44 NKJV - Jesus says, “But I say to you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you.”

In Luke 6:28 NKJV - Jesus says, “Bless those who curse you, and pray for those who spitefully use you.”

These scriptures tell us that we must also bless and pray for the person who wronged us. It completes the forgiveness cycle.

Forgiveness Prayer (Pray this prayer for each person you need to forgive.)

Heavenly Father, I forgive _____ (Name of person) from my heart for all the things that he/she did (or didn't do) to me. _____ (Tell God all what they did and how it made you feel and how it affected your life.) I let him/her go free. I lay nothing to his/her charge. I require nothing of him/her. I release him/her into Your hands, Father, for You to get vengeance as You so choose. I forgive (name) from my heart for all the things he/she did just because You, Heavenly Father, have already forgiven me. Now I release blessings to them, please make me a blessing to them in Jesus Name, Amen.

Note: Ask Jesus to pull out the pain, all the hurt, and heal your heart, then let Him fill your heart with His never ending love for you.

Door #3 – Curses and Generational Curses

A curse is the calling down of evil on someone or something. In other words, it's speaking ungodly, evil words over someone or something or yourself. It is the opposite of blessing them.

In fact, the word, “curse,” is used 230 times in the Bible. Now I genuinely believe, that if God says something once, it's important. If He says it 2 or 3 times, it is especially important. **Since He said it 230 times, would you agree, that we better take curses seriously?**

Now some curses are generational. They have their origin in past generations and can be affecting us today. Other curses are a consequence of our choices. We'll get into this a little deeper in a moment.

'But if you rely on works of keeping the law for salvation, you live under the law's curse. For it is clearly written: “Utterly cursed is everyone who fails to practice every detail and requirement that is written in this law!”

Galatians 3:10 TPT

Yet, Christ paid the full price to set us free from the curse of the law.

He absorbed the curse completely as he became a curse in our place. For it is written: “Everyone who is hung upon a tree is cursed.” Jesus Christ dissolved the curse from our lives, so that in him all the blessings of Abraham can be poured out upon gentiles. And now through faith we receive the promised Holy Spirit who lives in us.' **Galatians 3:13-14 TPT**

These scriptures help us realize that Jesus, our Messiah, made provision for every curse to be broken, broken thru His finished work on the cross.

What's even more important though, is that we realize that they are NOT automatically broken just because we became a Christian.

Let me say that again – Curses are NOT automatically broken when we become Christians. We must repent and apply His finished work on the cross, by FAITH, to be free of the effect of curses on our lives. In fact, everything in the Christian life is appropriated by faith.

Now let's look at the forces behind Curses. Actually, everything in life is affected by **two forces**:

First – there are the **Visible Forces**, the things we can see and/or touch.

Second – are the **Invisible or Spiritual Forces**. These are the things we cannot see and/or touch. In fact, these invisible/spiritual forces are eternal.

II Corinthians 4:18 makes this clear when it says – **“for the things we see are temporary, but the things we do not see are eternal.”** It's also important to know that the invisible/spiritual forces behind curses are demonic forces that can and will affect us.

Now the effects of a curse can be summed up as repeated patterns of frustration and loss. These repeated patterns can occur and have a negative effect in various areas of our life.

Some of these areas include:

- Business or professional activities,
- Personal relationships,
- Emotional or physical health, and/or
- Financial matters.

These curses, let me re-emphasize, tend to have a negative effect on personal relationships, especially in Marriages and Families. And, their effect is rarely limited to just us. You see, once curses are released, they tend to continue from generation to generation until they are broken through repentance and by applying the finished work of Jesus.

These are called Generational Curses or Ancestral Curses or Bloodline Curses. They are curses, from previous generations, which give us a strong tendency, a propensity, a bentness toward certain attitudes, beliefs, sins, and/or bondages.

'you shall not bow down to them nor serve them. For I, the Lord your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me, '

Exodus 20:5 NKJV

In the following two scriptures, God makes the same statement: He said, "For I, the Lord your God, am a jealous God, visiting the iniquity of the fathers on the children to the 3rd and 4th generations of those who hate

Me.” That’s our children, our grandchildren, our children’s grandchildren, and our grandchildren’s grandchildren.

'you shall not bow down to them nor serve them. For I, the Lord your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me,'

Deuteronomy 5:9 NKJV

In these scriptures, the Hebrew word translated as iniquity, is “avon.” Avon means a “bentness toward,” “rebellion,” “perversity,” “moral evil,” “guilt or consequences of iniquity.” This use of the word iniquity, “avon,” is more than an act of sin. It’s a system of behavior, a way of life, a certain tendency to sin that can be passed from generation to generation.

It’s important to know that Generational iniquity/curses, Ancestral curses, or Bloodline curses, literally change the DNA of our family lines. Some examples of these are hereditary diseases, infirmity, trauma, and depression.

In addition, demonic spirits, called “familiar spirits,” are assigned to families. They continue their evil influence, tempting us from generation to generation, to behave in a certain way.

These demonic, familiar spirits begin talking to us in our mother’s womb. They talk to us when we’re small children trying to get us to “buy into” the sins of our forefathers. They talk to us thru our teenage years.

And, they'll continue to talk to us thru our entire lives, IF, we choose to listen to them. They continually try to influence us to sin and feed us lies to create strongholds.

Every people group has certain bloodline curses. Some of us, even brag about our bloodline curses and excuse them by saying, "This is just the way I am." Or "This is the way my family has always been." Have you ever heard sayings like these?

Here are some examples bloodline curses:

- The Irish are known for their temper or anger,
- French and Italians are known for sexual immorality,
- The Scots are known for drunkenness,
- The English are known for arrogance and conceit,
- The Germans are known for pride,
- The Hispanics, Africans, and American Indians are known for Divination and Whoredom/Idolatry.
- In addition, many Black Americans are still in bondage to a curse of slavery, which was passed down from their ancestors.

Now let me share with you some common evidences of curses. Some of these are sin patterns you can trace thru family lines:

- Certain sicknesses or diseases that are hereditary,
- Insanity, personal and emotional disturbances,
- Difficulties for women to conceive or other female problems,

- Divorce or division in family relationships,
- Persistent financial shortages, poverty,
- Witchcraft,
- Suicide or unnatural, premature, or violent deaths,
- Sexual immorality, fornication, incest,
- Alcoholism and/or drug abuse,
- Anger, hatred, murder, jealousy,
- Bitterness from unforgiveness,
- Gossip, chauvinism, dominance, lying, manipulation,
- Being accident-prone, including car accidents – which can be part of a death curse.

Let me continue with more common evidences of curses:

- Being physically or sexually abusive,
- Being manipulative or controlling,
- Being prejudice of races, sexes, classes, religions,
- Anti-Semitism,
- Lying, stealing, criminal activity, violent crimes,
- Living in poverty, and a generational curse that affect all of us is
- Illegitimacy – which is a 10-generation curse.

Something else to know is that a curse cannot take effect unless there is a cause for it.

Proverbs 26:2 NKJV says, “Like a flitting sparrow, like a flying swallow, so a curse without a cause shall not alight.” In other words, “An undeserved curse will be powerless to harm you. It may flutter over you like a bird, but it will find no place to land.” **Proverbs 26:2 TPT**

It’s also important to know that there are conditions for blessings. **In John 10:27 NKJV** Jesus said, “My sheep hear my voice, and I know them, and they follow Me.” So, the conditions for blessings are simply listening to God, then obeying Him, and doing what He says.

On the other hand, **Deuteronomy 28:15 NKJV** tells us, “if you do not obey the voice of the Lord your God... all these curses will come upon you and overtake you.”

As I mentioned earlier in this chapter, I sensed God telling me to break the curse causing the car accidents of my young, female neighbor. My disobedience to God caused my neighbor’s curse, to affect me, resulting in \$3500 damage to the back of my SUV. I repented, broke the curse off my neighbor and me, in Jesus Name. All I can say now is, “Thank God for car insurance.”

Let me share with you some common causes of curses that are affecting our lives:

- Then main attitudes that cause a curse are rebellion and/or disobedience to God.

- Curses are often put-on people through words, especially words spoken by those in authority over us like parents, pastors, bosses, teachers, or other authority figures.
- Curses can be put on people through hurtful, negative, or carnal words that are spoken to them.
- Curses can come on people through negative, idle words spoken by themselves, against themselves.

**Have you ever said, “I’m dumb or I can’t do anything right?”
(If you have... STOP IT! Stop speaking curses over yourself.)**

In fact, Proverbs 18:21 NKJV tells us that, “Death and life are in the power of the tongue...”

Proverbs 18:21 TPT says it this way, “Your words are so powerful that they will kill or give life, and the talkative person will reap the consequences.” The words we speak are powerful and the words we speak have consequences.

Think about it. Have you ever spoken words in anger or frustration toward others? Or yourself? How about toward your children?

God created us in His image. He spoke and things happened. He wants us to speak life giving words, words that encourage. No matter what we see in the visible, God wants us to speak **ONLY** life giving, encouraging words over everyone and everything.

Here are some additional common causes of curses:

- Curses can also be put on people through witches, warlocks, witch doctors, and other members of the occult.
- Curses can be put on people through physical objects. (Ex. – Geisha picture – Reiki – **clear your home of ungodly things.**)
- Curses can come on people that acknowledge or worship false Gods or idols.
- Curses can come on people that are involved with the occult.
- Curses can come on people who disobey and/or disrespect their parents.
- Curses can come upon people that oppress others.
- Curses can come upon people involved in forbidden, ungodly, and unlawful sexual behavior usually through spirit, soul, body ties.
- Anti-Semitism can bring curses on people.
- By relying only on human strength, human wisdom, and human goodness, **instead of God**, can bring curses on people.
- Stealing and lying can cause curses.
- Curses can come on people by withholding tithes and offerings.
- Curses are put on people by oaths taken to join secret societies, ungodly organizations like freemasons, fraternities, sororities, and several other.

Ministry for Ancestral Curses and Iniquities

Luke 4:18 – “The Spirit of the Lord is upon Me, because He has anointed Me to preach the gospel to the poor; he has sent Me to heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed; To proclaim the acceptable year of the Lord.” (NKJ)

II Corinthians 10:3-5 – “For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God.” (NKJ)

- **Identify with the sins of your forefathers and confess their sins.** You are not receiving forgiveness for them nor can you repent for dead ancestors. However, this confession and identification is the first step in breaking the power of the generational iniquities over your life.
- **Ask for forgiveness. I John 1:9** – “If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.” (NKJ)
- **Break all Spirit, Soul, Body Ties.** Sexual contact with anyone other than married spouse, with your spouse before marriage, with a sexual abuser, being a controller or being controlled, all physical abuse.

- **Break the Curse of Illegitimacy. Deuteronomy 23:2** – "No one of illegitimate birth shall enter the assembly of the LORD; none of his descendants, even to the tenth generation, shall enter the assembly of the LORD."

Illegitimacy is both a curse and an avenue for trauma. The curse goes for ten generations according to this passage. In the Old Testament, Jews conceived out of wedlock were not allowed to enter into the Temple through the Jewish gate and worship with the other Israelites for 10 generations. They were required to enter in through the Gentile gate and remain in the outer court. They were basically outcasts. Most curses are for 3-4 generations.

The same thing happens spiritually in the New Testament. People living under a curse of illegitimacy feel like they are on the outside looking in. They never feel that they fit in anywhere and don't know why. Since this curse affects 10 generations, many people are not even aware this curse is affecting them since their parents were married when they were conceived. But they still carry it in their DNA until it is broken off them.

Pray the Following Prayers:

Prayer of Identification with Ancestors' Sins

Heavenly Father, I identify with the sins of my ancestors through every generation from Adam. I was in their seed when they sinned against you. I acknowledge that each generation has failed you, has not believed you or obeyed you as they should. Often their hearts and actions were wicked, ungodly and against you. Standing in place for my family lines, I ask for forgiveness for all our sins. Please forgive me for my part and my ancestors for their part, and for our involvement in the spirits of divination, fear, whoredom/idolatry, haughtiness, jealousy, antichrist, perverseness, deaf and dumbness, heaviness, lying, bondage, error, slumber, and infirmity. Thank you, Lord, for your promise to forgive and restore. I receive your forgiveness and your cleansing by the blood of Jesus, according to your Word right now.

I hold the cross of Jesus Christ between me and all iniquities from my generational lines and I declare that they are nailed to that cross. I ask that you dismantle, tear down and demolish all strongholds, fortresses, and structures of darkness that gave these sins refuge, strength, and shelter in my life; and every structure that supported these sins and lies. In Jesus' name, these are cut off and I declare over my family line righteousness and blessing. Amen.

Prayer – Confession of the Truth

Heavenly Father, I thank you that I have been bought and paid for by the blood of Jesus Christ, and because I have been bought and paid for, I am an heir of God and a joint-heir with Jesus. As a joint-heir, I live in Jesus and He lives in me, and because He lives in me, I have the right to overcome because He overcame. Now as an overcomer, I break every evil word, curse, and spell that has ever been spoken upon me. I take those words and nail them to the cross and appropriate the power of the cross in breaking every word spoken against me. I thank You that because of the exchange that took place at the cross, I can receive Your mercy. I cancel any curse that has come or would try to come upon me through the sins of my forefathers to the third and fourth generations past. I take those curses and nail them to the cross and appropriate the power of the cross in breaking every curse. Your word says that Jesus was made a curse for me. As a matter of fact, I place Jesus' cross between me and the curses that try to come upon me so that when they come to me, they have to come through the blood of the cross and the blood of the cross will transform them from a curse to a blessing. With an act of my will I choose to receive every blessing that You, Heavenly Father, have for me.

Now I take back any ground that I have ever given to any demonic spirit, whether I did it knowingly or unknowingly. I renounce all contact with anything occultic or Satanic. No evil spirits have any right to me. I cancel their lease on my life and serve them their eviction notice. I declare them defeated in every area of my life. Now I specifically take authority over the

spirits of divination, fear, whoredom, haughtiness, jealousy, antichrist, perverseness, deaf and dumbness, heaviness, lying, bondage, error, slumber, and infirmity. I cut your chains and break your bands. In the name of Jesus Christ, I bind you and cast you out now. You have no place or memorial in me. You are defeated and cast down. I pull down every stronghold by the mighty name and authority of Jesus Christ, by His resurrection power and the power of the cross. Satan, you and all your demons are defeated and your power broken this day in my life. The old me died with Christ on the cross; therefore, everything from the kingdom of darkness has lost its hold on me for I am a new creation in Christ Jesus.

Prayer to Break Word Curses

Father, I confess that I have sinned. I have opened myself to Satan and the kingdom of darkness. I acknowledge that I have received the curse of _____ (Name the curse). Forgive me for submitting and bowing down to the kingdom of darkness and believing Satan's lies. I turn from Satan and this curse to You. In the name of Jesus, I break this curse and declare it null and void. I speak to any demons assigned to carry out this curse, and I reassign you to dry places. Leave me now. Thank You, Father, for breaking the curse in Jesus' name. Amen.

Daily Prayer to Cancel Curses

(An additional prayer that I personally pray daily.)

In Jesus Name, I cancel any and all curses, hexes, spells, ungodly assignments, word curses, thought curses spoken or thought against my family (speak their names) and me. I throw you to the ground. I cancel the assignments of any and all demons assigned and command all of you to go to the dry places or where ever Jesus Christ tells you to go and never come back. And I do this In Jesus Mighty Name!

Heavenly Father, I ask that You save the witches and warlocks and cut off all their powers of darkness and I pray blessings on all those who cursed us, in Jesus Name. And I DECREE that no demon force will take me off the path that You have put me on! I pray blessings on my family and me, in Jesus Name, Amen. Thank You Jesus.

Prayer to Break Ungodly Spirit, Soul, Body Ties

Father, in the name of Jesus, I repent of any ungodly relationship, known or unknown, remembered or forgotten. I repent of controlling others or allowing myself to be controlled by others. I repent of abusing another person in any way. I repent and renounce all ungodly sexual behavior and connections. I acknowledge it as sin. Cleanse me and forgive me.

In the name of the Lord Jesus Christ, I take the ax of the Holy Spirit and I cut and sever completely any and all ungodly spirit, soul and body ties that have been established between me and (speak out here the name of

individuals involved) or any other entity by whatever means – wrong sexual activity, abuse, control, being controlled or by any other avenue. I apply the blood of the Lamb to cleanse these ties. I sever the linking in the invisible world and ask you, Lord, to remove from me all influence of these persons. Draw back to me every part that has been wrongfully tied in bondage to them.

In the almighty name of Jesus, I now speak directly to every evil spirit that has taken advantage of this ungodly soul tie. I shut any doorways of demonic access opened by these sins or connections. You no longer have any rights here, and I order you to leave now without hurting or harming me or any other person and without going into any other member of the family. I seal these doorways forever by the blood of Jesus shed on the cross. Thank You, Lord Jesus, for setting me free.

Prayer to Break the Curse of Illegitimacy

Heavenly Father, I confess that the curse of illegitimacy operates in me and my bloodline. I hold the Blood of the Cross between me and illegitimacy. I declare that this curse is broken off of me by the Blood of Jesus for 10 generations back. I renounce all division, separation, confusion, confusion, and error that came with illegitimacy. I ask that all shame be washed from my spirit by the blood of the Lamb. I receive the Spirit of Adoption as a son of God and declare that illegitimacy will not murder my destiny. I ask now, Father, to be reconnected to you. I declare all of this is done in Jesus' Name by the power of the Blood of the Cross. Amen.

Door #4 – Emotional Trauma

Emotional trauma and emotional pain are the wounds and bruises to our heart. They come through emotional or physical abuse, neglect, a great loss, a sudden physical injury, certain accidents, or a shock that causes lasting psychological spiritual, or emotional damage.

Unfortunately the ways many of us, especially men, handle emotional pain is by ignoring it, stuffing it down, you know... keeping a tough upper lip, or simply denying it.

Part of the ministry of Jesus, when He walked on the earth, was to heal the brokenhearted and emotionally bruised. **It still is.** Jesus knows our hurt and our pain.

Two Types of Wounds and Trauma:

First - There are those we had a part in making.

Even if our part was only 5%, we must take responsibility for that 5%. An example could be a divorce that happened because we were unfaithful.

- Some of our pain is due to our wrong response when others hurt us by being insensitive. Or, they don't know **that** what they did hurt us.
- Some of our pain comes when we wrong others, who then strike back at us, out of their pain. Hurting people hurt people – healed people heal people – free people free people.

Second - There are wounds and trauma we had NO part in making.

Some examples are:

- Abuse (Physical, mental, or sexual)
- Violence (Drive-by shooting, school violence, etc.)
- Mugging
- Abandonment – Mother or father leaves and never comes back
- Accidents (Car accidents or any other type)
- Rape (male or female)
- Rejection (especially in divorce)
- Fearful experiences
- Failures
- Being dominated or controlled (by parents, Church, or others in authority)
- Molestation
- Death of close family members
- Near-death experiences
- Betrayal by friends (Church splits; friends become enemies)

Emotional Pain is sometimes buried deeply and the only evidence is unexplained or abnormal anger, depression, fear, anxiety, shame, insecurity, self-pity, etc.

Much of our trauma or pain comes from our family or those close to us. They don't seem to understand that they are hurting us.

This type of trauma can also involve the lack of good things. You see, all of us have a basic need for love, nurture, and security.

- Unfortunately, some parents ignore their children and never give them emotional love and security.
- Other parents are perfectionists and never give their children approval. No nurture.

These wounds in our heart open a door for the enemy to introduce lies that keep us in past pain. And **only God** can heal an emotionally hurting person. It's a part of Jesus' ministry.

PLEASE HEAR THIS - All the counseling and support groups in the world cannot remove this type of pain – only Jesus can – Only Jesus!

In Luke 4:18 one of the things Jesus said He came to do was, **“To set free those who are oppressed (downtrodden, bruised, crushed by tragedy).”**

Now we all have been victimized in some small way or big way. We can't control what anyone else does, but we are responsible for our response to it.

Many people blame God for their hurt. Have you ever blamed God for anything? At any time in your life? It's important to be honest about that if you want to be healed.

We need to remember that when God created man, He put man in a perfect world. It was man who chose to listen to the devil and do the wrong thing. You see, **God will never violate man's free** will until the time of final judgment. And man's choice to sin put the entire world, of God's creation, under a curse with all of its consequences.

But God! He is a God of Restoration - In Joel 25:3 - our Lord says, "And I shall restore to you the years that the locust, the canker worm, the caterpillar, and the palmer worm have eaten..." In other words, God is saying that He will restore years that the enemy stole from our lives.

Romans 8:28 – says, "And we know that, for those who love God, He works all things for good, for those who are called according to His purpose."

It's our responsibility to come to Jesus and give Him all of our pain and ask Him to heal us.

Psychologists or psychiatrists or counselors or support groups can make us feel a bit better or they can give us more unnecessary prescription drugs, but they can't really help us. It's because they only analyze, diagnose, and deal with our mind, will, and emotions. Our pain is deep in our heart, our spiritual heart, and **only Jesus can heal the brokenhearted. Only Jesus can heal the brokenhearted.**

Jesus can and will also take away any shame and/or guilt that you may be feeling, or that has been spoken over you, or that has been put on you, by you, or someone else.

It's also important to know that there is NO pain or hurt so deep that God can't heal. It's the devil's lie to us saying that we've been hurt so deeply and wronged so greatly that God can't or won't heal us.

Ministry For Emotional Trauma

Jesus told us in Luke 4:18 – “The Spirit of the Lord is upon Me, because He has anointed Me to preach the gospel to the poor; he has sent Me to heal the brokenhearted, to proclaim liberty to the captives and recovery of sight to the blind, to set at liberty those who are oppressed; To proclaim the acceptable year of the Lord.” (NKJ)

Isaiah 53:4-6 – “Surely He has borne our griefs and carried our sorrows; yet we esteemed Him stricken, smitten by God, and afflicted. But He was wounded for our transgressions, he was bruised for our iniquities; the chastisement for our peace was upon Him, and by His stripes we are healed. All we like sheep have gone astray; we have turned, every one, to his own way; and the LORD has laid on Him the iniquity of us all.” (NKJ)

- **Open your heart completely to Jesus.**
- **Allow the pain of the trauma to come up from deep within you.**
- **Ask the Holy Spirit to come and heal the emotional wounds and bruises. (A bruise is from internal bleeding.)**

- **Let go of the pain and release the emotions.**
- **Receive the healing of your emotions from Jesus.**

Prayer for Emotional Trauma Healing

Lord Jesus, I open my heart to you. I open every room, every closet, every hidden place. I thank you that you love me and that you went to the cross so that I could be whole in spirit, soul, and body. Spirit of God, please invade every dark place and shed your light deep within my heart. Lord, all the pain I have experienced, I give to you. All the rejection, the hurt, the betrayal. Every abuse, every wounding, I give to you. I speak to the pain deep within – even that which is so repressed I no longer am aware of it. I say, Pain, come up! Come up and be healed. I give the pain to you, Lord, and I ask you to take it now. I release it all to you, Lord. Pour your healing love into every bruised place. You carried my shame and my defilement. You carried my rejection so I could be free. I can't live with this pain any longer; I don't want to, Lord. I let it all go. I give it to you. I hold nothing back. I pour it all out. Amen.

Door #5 – Inner Vows and Judgements

Most people have no idea of what an inner vow is. It's rare to find anyone teaching about ungodly inner vows, and yet, most people make them without realizing their impact.

Now an inner vow is a deep inner decision made with intense emotion, in the heart and mind of a person. Many inner vows that

we've made were made early in life when we reacted to a person, experience, or desire. Inner vows are vows we make to ourselves, NOT to God or another person.

Now there are good inner vows such as: "God, I'll serve You all the days of my life." Or "Jesus, with Your Help, I can do all things." Or vows made in marriage, "I'll love you as long as we both shall live."

On the other hand, here's a couple examples of ungodly inner vows, which again, are vows we make to ourselves.

Let's say we had a father that was an alcoholic or abusive. We get angry and say, "I'll never be an alcoholic like my father." Or "I'll never be abusive like my father." Then we grow up drinking way too much and/or we abuse our wife and children.

You see, inner vows are based on judgments that we make about a person, about ourselves, or about God. They are based on what we personally believe is true.

Please understand that when we think we know another person's motives, why they did or said something, let's face it, **we're judging them.** Here are some examples, "He or she hurt me on purpose" or "He or she is not even trying" or "If they really loved me, they wouldn't treat me that way."

In Matthew 7:1-2, Jesus says, "Do not judge others, and you will not be judged. For you will be treated as you treat others. The standard you use in

judging is the standard by which you will be judged." God is clearly telling us not to judge anyone or it will come back on us.

Now let me ask you, do you use affirmations? Saying or thinking, "I am successful!" "I am the best something!" Or any other positive "I am" statement." Please simply add, "by God's Grace, I am ____."

Once again, an ungodly inner vow is a vow we made to ourselves, based on a judgement, made with intense emotion, to be carried out by our effort and in our power. And, it brings a curse upon us.

Jeremiah 17:5 tells us, "Thus says the Lord: 'Cursed is the man who trusts in man and makes flesh his strength, whose heart departs from the Lord.'"

An inner vow is a decision we make in our heart and it doesn't even have to be spoken. It can be a thought.

On the surface, some of the inner vows we make seem good. But because they totally shut out God's work in our lives, in those particular areas, we tend to develop sinful attitudes and sinful patterns of behavior.

We become like a train running on its track, a track we can't seem to get off. And we can't get off that track without repenting for the judgments we've made and without breaking the ungodly vows we've made.

For example, if a young man has any unresolved issues with his mother, he may have spoken or thought something like, "I'll never marry a woman

like my mother.” Then later in life he ends up marrying a woman very much like his mother.

Or a woman might say, “I will never marry a man like my father” and she grows up and marries someone just like him. Or “I will never be like my mother” then we grow up and are just like her in the areas we didn’t like. Or “I will never be like the person that abused me” then we struggle with being abusive. (By the way, studies indicate that 99.6% of abusers were abused themselves.) Or we might say, “I must have done something wrong to be abused.” That kind of judgment against ourselves can open a door to a life-long pattern of people abusing us.

Now the challenging thing about inner vows is that they never grow old and we do not grow out of them. We can make inner vows at an early age totally forget about doing so then, later in life, they’ll show up when we least expect them.

I was going through ministry training dealing with emotional trauma **Let me share with you a deep, personal, inner vow that affected relationships in my life.** and inner healing. I volunteered to go through an inner healing ministry session in front of the class. Holy Spirit had me reveal that I was adopted at birth and that I never knew my biological family.

He also revealed that while in my mother’s womb, my human spirit sensed that I was loved, but unwanted. I was going to be given away, I was

being abandoned by the woman who loved me. Holy Spirit told me that my human spirit made this ungodly inner vow:

“The woman who loves me will reject and abandon me.”

The vow was reinforced at age 3. I remembered the time I was shopping cart at a grocery store with my mother. She left me in the cart for a moment to go down an aisle to get something. I started crying as I sensed the vow telling me that the woman who loves me is abandoning me. She came back and I was relieved but the vow had its impact on me.

Over time, the Holy Spirit showed me how that vow took control in every love relationship throughout my life. He showed that in every love relationship, that vow would cause me to do something really stupid and push the woman away, literally causing her to reject and abandon me.

For example, He showed me that back in high school, I asked the girl voted most beautiful and most likely to succeed, to go to the prom with me... and to my surprise, she said yes. We started dating and she really liked me. I was on top of the world, then a couple of weeks before the prom, something weird happened. I asked her to go to the picnic that was being held on the day after the prom... She said that she didn't want to go. So, I got mad and I told her that I wasn't taking her to the prom, and I didn't. Can you believe that? Holy Spirit told me that my anger and action was caused by that ungodly inner vow.

You see, ungodly inner vows that we unknowingly made at a young age can and will show up several times in our lives. They'll show up when we least expect them to. I had no idea that this ungodly inner vow was working in my life. It was seeking to kill, steal, and destroy me. Once Holy Spirit made me aware of this vow, I repented and the vow was broken off me.

Please understand that ungodly inner vows will tie us to the past in an unhealthy way. They bind us to a mindset or a course of action that is of the flesh and prevents our emotional and our spiritual development.

These deep inner decisions often determine how we feel about ourselves, about others in authority, and about God. We often blame and judge God, believing that He is not a good God, based on our experiences.

We often blame and judge ourselves, thinking that we are ONLY worthy of being rejected and then, oddly enough, everywhere we go, people reject us and we don't know why.

You see, a judgment literally causes other people to fulfill our expectations. We may never speak them aloud, but the lies that those judgements are based on... are planted deep... deep within our emotions. We are set on a life-course... based on a super-limited, child's perspective of events.

Inner vows and judgements imprison us. They imprison us to think and act the way they have molded our life to be, whether we realize it or not. And, the way we can identify them is by their "fruit," meaning certain repeated

patterns in our lives. If the fruit of an ungodly inner vow is there, then chances are that demonic spirits are using that vow to affect our lives.

I already mentioned that inner vows never grow old. Well, the results of inner vows may lie dormant for years, until the right situation or person triggers them.

Here are some more examples:

Judgments on our earthly Father are often transferred to our Heavenly Father even though we may not be aware of it. And, because of this, many people sadly never know God as Father.

Vows made against physical brothers or sisters may greatly affect our relationships with our spiritual brothers or sisters.

Let me share another truth that's especially important. **Men**, vows we make against our mothers or any unresolved issues with our mothers, will come into play with our wives. There's something called the **"Alpha Principle."** Our mother is the "Alpha Woman" in our life. And here's the crazy thing about that, the minute we say, "I do," when getting married... any vows, judgments, or unresolved issues involving our mother get transferred on to our new wife. Then, one day our wife says or does something and that "something" triggers our unresolved mother issues and we go off on her. And our poor wife has no idea why.

Women, the alpha principle works the same for you with vows, judgments, or unresolved issues involving your father. They get put on your husband and will get triggered one day in the future unless they're resolved.

Common Vows we make against Ourselves:

A big one for many is, "I am rejected." If you experienced rejection as an infant or child and you made this judgment on yourself, "I am rejected," chances are that you will experience a pattern of being rejected by everyone and for the rest of your life.

Then, you may believe the lie, "Something is wrong with me." And now, you have another vow in operation. Together they will progressively strengthen and become a stronghold in your life. So, breaking ungodly inner vows is a HUGE step to freedom!

In addition, vows against ourselves can expand into other vows into lies such as:

- I am not wanted.
- I am unloved.
- I am abandoned.
- Something is wrong with me.
- No one cares about me.
- I am alone.
- I will never be good enough.

- I am weak.
- Everything is my fault.
- I will never feel again because feelings are bad.
- I will never love or be loved again.
- I will never get married or get married again.
- My children will never be like their children.

Common Vows against Others:

- People, men, or women will hurt me.
- I can't trust anyone.
- I'll never be like dad, mom, or uncle John.
- Christians are hypocrites.
- People in authority are abusive.
- People aren't there for me, so I must take care of myself.
- Life is unfair.
- I have to please people.
- I have to earn love.
- I'll never be angry like them.
- I must be in control.

Common Vows against God:

- God doesn't protect me.
- God doesn't provide for me.

- God isn't a good God.
- God lets bad things happen to me.
- God doesn't love me.
- God isn't there for me.
- I cannot trust God, so I must do it myself.
- God abandoned me. (This is true especially if abandoned by your biological father.)

So how do we break these ungodly inner vows? How do we get them to stop affecting our lives?

ONLY the authority of God can break ungodly inner vows. So, we first must repent for making the inner vows and judgments. We must also, by the power of the Holy Spirit, break the sin patterns of thought and behavior that have resulted from the inner vows. And we must bring our attitudes and actions into obedience to the Word of God. The lies, upon which the vows were based, must be replaced with Truth.

Ministry for Ungodly Inner Vows and Judgements

- Confess, renounce, and repent of any inner vows.
- Ask God to forgive you for judging the person.
- Break the vow.

Prayer for Breaking Ungodly Inner Vows and Judgements

Heavenly Father, I confess that my judgments of _____ (Name the person(s)). are sin. I now repent and turn from the judgments and from the making of inner vows. Please forgive me and cleanse me. I renounce these ungodly vows. I repent from my heart for the lies I have believed about you, about others and about myself based on these judgments. In Jesus' name I break the vow(s) of _____ (Repeat whatever you vowed). I speak to my spirit and I withdraw the thoughts, the decisions made and any words spoken. I call back the assignments in the heavenlies and cancel their effects. I cast the judgments and vows at my feet and break their power over my spirit, my health, my finances, my ancestry, my marriage, my relationships, my thoughts, my emotions, my decisions, and my body. Any demonic spirits assigned to enforce these vows are now assigned to dry places. Thank you, Lord Jesus, for breaking these vows and restoring my relationship with you, Heavenly Father, and _____ (Name the person(s)). Praise you, Lord Jesus, that I am free from all the effects of this inner vow and judgments as I pray right now. Amen.

So far, we reviewed or learned that Satan, and his demonic army, can have free access into our lives thru these five open doors:

- 1. Willful Sin/Disobedience,**
- 2. Unforgiveness,**
- 3. Curses and Generational Curses,**
- 4. Emotional Trauma, and**
- 5. Ungodly Inner Vows/Judgements.**

The enemy has the keys to these doors of legal access until we take the keys away and lock these doors. So, it's imperative for us to realize that the darkness found within those five doors, that we or someone in our bloodlines, chose to fellowship with, gave the enemy the legal right to come into our lives, to mess with our lives, and to systematically set up strongholds.

Strongholds

A Stronghold: Is a place of fortification; it's a system of thinking. It's a house of lies that's contrary to the Word of God. Strongholds allow demonic spirits to hide and work in our lives without us realizing it. In other words, thru strongholds, the enemy blinds us to the Truth. So Strongholds put us into spiritual bondage and they steal our freedom.

Please realize that any sin can become a stronghold. And, sin is usually pleasurable. It's also progressive. The more we sin, the stronger that sin's hold on us becomes. It becomes a Stronghold. It pulls us around. It controls us. Do you really want your life to be controlled by sin's strongholds?

Let's take a look at how the enemy uses strongholds:

Satan, who is the father of lies, knows that if we believe the Truth, the Truth about God, then he is finished and we can be set free!

God clearly confirms this in John 8:32 – “And you shall know the Truth and the Truth will set you free.”

So how do we KNOW the Truth? This word “know,” in John 8:32, is the same word as the word “KNEW” in **Genesis 4:1** – “Adam KNEW Eve and she conceived.” So, this word KNOW means more than intellectual knowledge. It's an intimate knowledge, it's a knowing in your heart. It

means a close, intimate relationship with God the Father, through an intimate, personal relationship with Jesus God the Son, and it's living our lives empowered by God the Holy Spirit.

Satan does not want that for us. He makes every effort to blind us to the Truth. Just as he deceived Eve in the garden, he deceives us. Satan uses fear, bluffs, and lies to build strongholds that hold us in bondage.

And thru these strongholds, Satan commands his army of demonic spirits to:

- Deceive our minds,
- Enslave our wills,
- Frustrate us,
- Harden our hearts,
- Damage our emotions,
- Afflict our bodies, and
- Defile our spirits.

For me, realizing this was an eye-opening experience. Once I realized that there were strongholds affecting my life, I wanted and needed a way to get free of them. Do you want to get free of strongholds in your life? Of course you do.

II Corinthians 10:3-6 – “For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exults itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.”

To Experience Freedom and Transformation, We Must:

- **Remove** the legal ground of the enemy through repentance and obedience.
- **Learn how to** take authority in Jesus' Name and cast out the demonic spirits.
- **Pull down** every stronghold, every high thing, which exalts itself against the knowledge of God. The lies that we've believed must be exposed, dislodged, and renounced.

And we must to Renew our minds with the Truth, God's Word.

We get to bring every thought captive as we walk out the Truth. Please realize that there is a reason God had Paul write **Romans 12:2**, "And do not be conformed to this world, but **be transformed by the renewing of your mind**, that you may prove what is that good and acceptable and perfect will of God."

I suggest that you pay attention to the TV shows you watch, the movies you watch, and the music you listen too. Continual exposure to these will have an impact of your thoughts and behavior. Ask yourself, "What words and images am I renewing my mind with?"

We can choose to renew our minds by meditating on God's Word and thinking about Godly things. By doing this, we're actually displacing past bad thinking patterns and replacing them with Godly thinking patterns. And Godly thinking leads us to take Godly actions. It puts us on and keeps us on the path to Freedom!

IT IS OUR SPIRITUAL BIRTHRIGHT TO BE FREE!

Chapter 3. The Fourteen (14) Demonic Root Spirits

The “14” represents 14 demonic “root spirits” in the “2-5-14” Principle or Strategy that the Bible names specifically as “spirits.” We believe these to be the root spirits that Satan systematically uses to work his evil ways into our lives.

A demonic root spirit is a main spirit that we need to deal with on our path to freedom. And each demonic root spirit has demonic “fruit spirits” much like the Holy Spirit has fruits (the Fruits of the Holy Spirit).

The 14 Demonic Root Spirits are:

- Divination
- Fear
- Whoredom/Idolatry
- Haughtiness
- Jealousy
- Antichrist
- Perverseness
- Deaf and Dumb
- Heaviness
- Lying
- Bondage
- Error
- Sleep/Slumber
- Infirmity

Gal 5:22, 23 NKJV tells us that the fruit of the Holy Spirit are love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, and self-control. Well, demonic root spirits have fruit as well.

The Kingdom of God works from a root/fruit system of righteousness. Jesus is the Root (the Vine) and we are the branches. **John 15:1 NKJV**

The Kingdom of Darkness also works from a root/fruit system, an evil one. **Hebrews 12:15 NKJV**

So it's imperative that we understand that we must cut the root to prevent the fruit from manifesting. **Matthew 3:10 NKJV**

Let me give you an example – “Red Apples.”

Dr. Malone helped us better understand the necessity of dealing with demonic root spirits using an apple tree as a metaphor. Imagine you have an apple tree with red apples as its fruit. And you do not like or want red apples so you pick them and give them away. Unfortunately, they will just grow back. Next, you cut off the branches and give away the red apples once again. Well, now the branches grow back and produce even more fruit. Finally, you take an axe and cut the apple tree's roots then pull it out of the ground so that its fruit has no way to grow back.

When you apply this metaphor to demonic fruit spirits you can see the necessity of dealing with the demonic root spirit to get rid of its fruits.

A great example is dealing with anger. Anger is a fruit spirit that grows out of the root spirit of jealousy. If you cast out the fruit spirit, anger, in the Name of Jesus without dealing with the root spirit of jealousy, it will come back continually. So to get rid of anger we must repent, then cast out the root spirit of jealousy along with its fruit spirit of anger, in Jesus' Name.

Let's look at each of the 14 demonic root spirits and most of their fruit spirits.

Please Note: As you look at each of these, think in generational terms.

Recall how earlier we looked at, “For I, the Lord your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and

fourth generations” in both **Exodus 20:5** and **Deuteronomy 5:9 NKJV**. Since we do not know all the generational sin affecting us, deal with each fruit spirit in addition to each root spirit.

1. SPIRIT OF DIVINATION - Acts 16:16-18

“Now it happened, as we went to prayer, that a certain slave girl possessed with a spirit of divination met us, who brought her masters much profit by fortune-telling. This girl followed Paul and us, and cried out, saying," These men are the servants of the Most High God, who proclaim to us the way of salvation." And this she did for many days. But Paul, greatly annoyed, turned and said to the spirit, "I command you in the name of Jesus Christ to come out of her." And he came out that very hour.”

Divination is the “root” spirit and some of its fruits are:

- abortion
- astrology
- channeling
- crystal balls / 8 balls
- demonic games (Masters of the universe, Dungeons and Dragons, etc.)
- diviners (witches)
- drugs
- fortune tellers
- Freemasonry
- horoscopes
- hypnosis
- independence
- manipulation
- mediums
- mutterer (one who talks with a familiar spirit as if talking to himself)

- mysticism
- Ouija boards
- palm readers
- Pharmacia
- rebellion
- religious spirits
- Satanism (worship of Satan)
- séances
- stubbornness
- tarot cards
- unscriptural attempts at deliverance (do not line up with the Word)
- white witchcraft
- TM (transcendental meditation)
- All forms of witchcraft (there is no good form of witchcraft)
- Harry Potter books and movies or TV shows like “Lucifer” – These are demonic. (Christians get sucked into watching these thinking it is just entertainment. These are the exact opposite of what the Bible says regarding being transformed by the renewing of your mind.)
- _____ (you can add fruit spirits as Holy Spirit leads)
- _____

Prayer To Take Authority Over the Root Spirit of Divinity

Spirit of divinity, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of divinity, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines

thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of divinity out of my DNA. I command you to come out of me right now.

I come against every spirit of divinity (Speak all the FRUITS listed above) - Every spirit of divinity in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

2. SPIRIT OF FEAR - II Timothy 1:7

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

Some of its fruits are:

- abandonment, fear of abandonment
- anxiety
- critical spirit
- faithlessness
- fear of rejection
- fear of authority
- fear of death
- fear of failure
- fear of man (what others think of you)
- fear of men or women (because of abuse)
- fear of pain
- fear of poverty
- fear of punishment
- fear of success

- fright
- inadequacy
- inferiority
- insanity
- lack of trust
- migraine headaches
- nightmares
- paranoia
- performance
- phobias (fears of dark, height, water ,closed in places, etc.)
- rejection
- schizophrenia
- self-rejection
- shyness
- stress (heart attacks)
- tensions
- timidity
- torments
- worry
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Fear

Spirit of fear, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of fear, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of fear out of my DNA. I command you to come out of me right now.

I come against every spirit of fear (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

3. SPIRIT OF WHOREDOM / IDOLATRY –

Hosea 4:12

“My people ask counsel at their stocks, and their staff declares unto them: for the spirit of whoredoms hath caused them to err, and they have gone a whoring from under their God.”

In addition to sexual sin, this scripture calls out the sins of worshiping idols – statues – golden calves

Some of its fruits are:

**And remember- this includes those in your bloodlines

- adultery
- all sexual sins
- anything you worship or put trust in for security
- bestiality
- compulsive masturbation (especially when watching pornography – creates spirit/soul/body ties that can be broken)

- exhibition of the body
- fornication (includes sex with your spouse before marriage which creates an ungodly spirit/soul tie that could be affecting your marriage - this can be broken)
- harlotry
- idolatry
- illegitimacy
- incest
- love of money
- love of social standing
- love of the world
- lust
- lust for position
- lust for power
- molestation
- molestation of a child
- multi-partner sex orgies
- peeping toms
- placing anyone or thing before God
- pornography
- rape
- seduction
- soul ties from sexual abuse or sexual involvement outside marriage
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Whoredom / Idolatry

Spirit of whoredom / idolatry, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of whoredom / idolatry, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of fear out of my DNA. I command you to come out of me right now.

I come against every spirit of whoredom / idolatry (Speak all the FRUITS listed above) - Every spirit of whoredom / idolatry in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

4. SPIRIT OF HAUGHTINESS - Proverbs 16:18--19

“Pride goes before destruction, and a haughty spirit before a fall. Better to be of a humble spirit with the lowly, than to divide the spoil with the proud.”

Some of its fruits are:

- abortion
- arrogant
- boastful
- contentious

- controlling
- critical
- dictatorial
- domineering
- egotistical
- proud (pride is definitely a fruit that affects most people at times)
- mockery
- gossip
- judgmental
- prejudice
- mockery
- rudeness
- selfish ambition
- self-righteous
- superiority
- vanity
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Haughtiness

Spirit of haughtiness, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of haughtiness, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity

of the spirit of haughtiness out of my DNA. I command you to come out of me right now.

I come against every spirit of haughtiness (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

5. SPIRIT OF JEALOUSY - Numbers 5:14

“If the spirit of jealousy comes upon him and he becomes jealous...”

Some of fruits of the Spirit of Jealousy are:

- abortion
- anger**, wrath, rage, murder
- Does anyone ever still get angry?** Anger is a fruit of the spirit of jealousy – along with wrath, rage, hatred, murder – please remember that we must DEAL with the ROOT or the fruit (the red apples) will keep coming back – so, when we want to get rid of anger, we must cut it off at the root, which is the spirit of jealousy.
- betrayal
- covetousness
- cruelty
- distrustful
- divorce/division
- feels God loves others more
- hatred
- insecurity
- jealousy

- revenge
- self-centeredness
- suspicion
- unnatural competition
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Jealousy

Spirit of jealousy, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of jealousy, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of jealousy out of my DNA. I command you to come out of me right now.

I come against every spirit of jealousy (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

6. SPIRIT OF ANTICHRIST - I John 4:3

“...and every spirit that does not confess that Jesus Christ has come in the flesh is not of God. And this is the spirit of the Antichrist, which you have heard was coming, and is now already in the world.”

Some of its fruits are:

- attempts to take the place of Christ
- blasphemes the gifts of the Holy Spirit attributing them to Satan
- causes church splits
- condemnation of the Word
- denies spiritual gifts
- explains away all the power of God in the life of the saint (no miracles)
- gives up on Christianity
- harasses and persecutes the saints
- opposes Christ's deity/humanity
- opposes the Bible
- rationalizes the Word
- religious spirits
- suppresses ministers/ministries
- religions that deny Christ
- unbelief
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Antichrist

Spirit of antichrist, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of antichrist, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of antichrist out of my DNA. I command you to come out of me right now.

I come against every spirit of antichrist (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

7. SPIRIT OF PERVERSENESS - Isaiah 19:14

“The LORD has mingled a perverse spirit in her midst; and they have caused Egypt to err in all her work, as a drunken man staggers in his vomit.”

Some of its fruits are:

- abnormal crankiness
- all sexual deviations
- bisexuality
- error (especially in religious areas – legalism)

- false teachers / doctrine
- gender confusion
- homosexuality
- legalism
- multi-partner sex orgies
- one who twists the word of God to Satan's advantage
- polygamy
- religious spirits
- sadomasochism
- self-lovers
- stubbornness
- transgender
- twisted thinking
- unreasonableness
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Perverseness

Spirit of perverseness, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of perverseness, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of perverseness out of my DNA. I command you to come out of me right now.

I come against every spirit of perverseness (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

8. SPIRIT OF DEAF AND DUMBNESS

Mark 9:25-27

“When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it, ‘Deaf and dumb spirit, I command you, come out of him and enter him no more!”

Some of its fruits are:

- accidents w/drowning / fire
- convulsions
- deafness
- diseases of eyes/ears
- epilepsy
- grinding teeth
- inappropriate excessive crying
- insanity
- lunatic
- madness
- schizophrenia
- seizures
- stupor
- suicidal thoughts and attempts
- _____

□ _____

Prayer To Take Authority Over the Root Spirit of Deaf and Dumbness

Spirit of deaf and dumbness, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of deaf and dumbness, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of deaf and dumbness out of my DNA. I command you to come out of me right now.

I come against every spirit of deaf and dumbness (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

9. SPIRIT OF HEAVINESS – Isaiah 61:3

“To console those who mourn in Zion, to give them beauty for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness; that they may be called trees of righteousness, the planting of the LORD, that He may be glorified.”

Some of its fruits are:

- abnormal grief and mourning
- broken-heartedness
- continual sadness
- continual sorrow
- defilement
- depression
- despair
- discouragement
- gloominess
- hopelessness
- humiliation
- loneliness
- rejection
- self-pity
- shame
- unjustified guilt (false burden)
- whining
- wounded spirit (father and/or mother)
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Heaviness

Spirit of heaviness, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of heaviness, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of heaviness out of my DNA. I command you to come out of me right now.

I come against every spirit of heaviness (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

10. SPIRIT OF LYING - II Chronicles 18:22

"Therefore look! The LORD has put a lying spirit in the mouth of these prophets of yours, and the LORD has declared disaster against you."

Some of its fruits are:

- condemnation
- deception
- emotionalism
- exaggeration
- excessive talking
- feels like hypocrite
- financial problems (if you are tithing)
- flattery
- hypocrisy
- lies
- lies about God

- performance
- poverty
- profanity
- religious spirit
- strong delusions
- vain imaginations
- poor self-image:
- “You’re ugly.”
- “Worthless!”
- “Stupid!”
- “You will never get married.
- “ No one wants you!”
- “You are trash!”
- “You will never change!”
- “You’re fat!”
- “Whore”
- “Bitch”
- “Dummy”
- “Liar”
- _____
- _____

This Spirit of Lying lies to people telling them that...

- “You’re ugly.”
- “Worthless!”
- “Stupid!”
- “You will never get married.
- “No one wants you!”
- “You are trash!”
- “You will never change!”

- “You’re fat!”
- “Whore”
- “Bitch”
- “Dummy”
- “Liar”
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Lying

Spirit of lying, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of lying, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of lying out of my DNA. I command you to come out of me right now.

I come against every spirit of lying (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

11. SPIRIT OF BONDAGE - Romans 8:15

“For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father."

Some of its fruits are:

- addicted to possessions
- addicted to a specific sin
- addicted to another person (Co-dependency)
- alcohol
- anorexia
- bulimia
- cigarettes
- computers
- coveting of wealth in order to hoard it
- drugs
- food
- pornography
- sex
- soul/spirit ties (under the power and dominion of another)
- superiority (addicted to self)
- TV
- video games
- work co-dependency
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Bondage

Spirit of bondage, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of bondage, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of bondage out of my DNA. I command you to come out of me right now.

I come against every spirit of bondage (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

12. SPIRIT OF ERROR - I John 4:6

“We are of God. He who knows God hears us; he who is not of God does not hear us. By this we know the spirit of truth and the spirit of error.”

Some of its fruits are:

- anorexia
- anti-Semitism
- bulimia
- compromise your convictions
- confusion

- continuously make wrong decisions
- cults/false doctrine
- deception
- doubt/unbelief
- false prophets and preachers
- false teachers
- false tongues
- immaturity
- inappropriate behavior
- inappropriate thinking
- intellectualism
- irresponsibility
- inappropriate thinking/behavior
- religious spirits
- ungodly spiritual or energy healing
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Error

Spirit of error, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of error, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of error out of my DNA. I command you to come out of me right now.

I come against every spirit of error (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

13. SPIRIT OF STUPOR (SLUMBER/SLEEP) -

Romans 11:8

Just as it is written: "God has given them a spirit of stupor, eyes that they should not see and ears that they should not hear, to this very day."

On your Ministry sheet – it is listed as SLUMBER/SLEEP

Some of its fruits are:

- blocks success
- constant fatigue
- draws back from life
- human spirit is asleep
- passivity
- procrastination
- success blocked
- wish you had never been born
- self-pity
- acting like a "wallflower"
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Slumber / Sleep

Spirit of slumber / sleep, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of slumber / sleep, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of slumber / sleep out of my DNA. I command you to come out of me right now.

I come against every spirit of slumber / sleep (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

14. SPIRIT OF INFIRMITY - Luke 13:11,16

“And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up...” (The spirit of infirmity is the root cause of most diseases and sicknesses.)

Some of its fruits are:

- allergies
- arthritis
- asthma
- cancer

- diabetes
- female problems
- fevers
- fungus
- heart disease
- high blood pressure
- lingering disorders of the body
- sinus problems
- strokes
- viruses
- weakness or feebleness
- _____
- _____

Prayer To Take Authority Over the Root Spirit of Infirmity

Spirit of infirmity, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of infirmity, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of infirmity out of my DNA. I command you to come out of me right now.

I come against every spirit of infirmity (Speak all the FRUITS listed above)
 - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you

to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

SPIRIT OF DEATH OR DEATH CURSE

It's not a root spirit, but it works with them and acts like a root spirit.

Hebrews 2:14-15 NKJV - "Inasmuch then as the children have partaken of flesh and blood, He Himself likewise shared in the same, that through death He might destroy him who had the power of death, that is, the devil, and release those who through fear of death were all their lifetime subject to bondage."

This spirit of death or death curse attempts to kill our body, our calling, our created purpose, our ministry, our destiny and tries to steal the abundant life Jesus came and gave us.

Some of its fruits are:

- abortion – had one, paid for one, driven a person, or believe it is ok
- death curses, especially spoken by parents
- Freemasonry
- near drowning
- near fatal accidents
- car accidents
- _____
- _____

Prayer To Take Authority Over the Spirit of Death

Spirit of death, I repent, I take authority over you, I reject you, I renounce you, and break all ties with you. In Jesus Name, I command you to leave me now, go to dry places, and do not return.

Spirit of death, I take the Axe of the Holy Spirit and I cut you off at the root and I pull you out of me right now. I separate you from every other spirit and break every generational iniquity off me and off my blood lines thru 4 generations back, all the way back to Adam. I twist the iniquity of the spirit of death out of my DNA. I command you to come out of me right now.

I come against every spirit of death (Speak all the FRUITS listed above) - Every spirit of fear in Jesus Name I cancel your assignment right now, I line you up in rank and order, I gather you up as one, and I command you to go to dry places never to return. I seal this with the Blood of Jesus and ask the Holy Spirit to fill me with a fresh new anointing. (Take a deep breath in and blow it out.)

Prayer To Take Authority Over the Death Curse

Father, I confess that I have sinned by bowing down to Satan and the kingdom of darkness. Please forgive me for choosing to accept his lies rather than Your truth. Father, today I choose Jesus and His Truth. I choose life and life more abundantly. I declare that the death curse is broken off me right now by the Blood of Jesus Christ. Amen.

Chapter 4. Speak Godly Qualities to Replace the Ungodly Ones

Speak the following words over yourself, your life, your destiny, and truly receive them. In doing so you are speaking God's Truth over yourself.

In Place of Divination

I speak and receive a pure heart, discernment, self-denial, worship, submission.

In Place of Fear

I speak and receive power, love, sound mind, trust, faith, courage.

In Place of Whoredom / Idolatry

I speak and receive purity, holiness, sensitivity, devotion, faithfulness, self-control.

In Place of Haughtiness

I speak and receive humility, grace, transparency, respect, submission.

In Place of Jealousy

I speak and receive trust, security, gentleness, patience, love.

In Place of Antichrist

I speak and receive the mind of Christ, victory, endurance, confidence.

In Place of Perverseness

I speak and receive understanding, straight thinking, truth, holiness, goodness.

In Place of Deaf and Dumbness

I speak and receive peace, life, the hearing ear, the seeing eye, the tongue of the disciple.

In Place of Heaviness

I speak and receive joy, gladness, praise, thanksgiving.

In Place of Lying

I speak and receive integrity, truth, faith, blessing, discernment.

In Place of Bondage

I speak and receive freedom, adoption, peace, overcoming.

In Place of Error

I speak and receive faith, understanding, wisdom, responsibility, revelation, knowledge, maturity, truth.

In Place of Slumber/Sleep

I speak and receive energy, passion, zeal for the Kingdom, diligence, success.

In Place of Infirmary

I speak and receive divine health, strength, prosperity, abundant life, the fruit of the Spirit.

In Place of Death

I speak and receive purpose, resurrection life, fruitfulness, destiny.

Receive a Fresh Infilling of the Holy Spirit

Ask God to fill all the places vacated by the kingdom of darkness with His Spirit.

Ephesians 5:18 NKJV – And do not be drunk with wine, in which is dissipation; but be filled with the Spirit.”

Receive the blessings from your righteous 1,000 generations forward.

Deuteronomy 7:9 NKJV “Therefore know that the Lord your God, He is God, the faithful God who keeps covenant and mercy for a thousand generations with those who love Him and keep His commandments;”

Give Praise and Glory to God for Your Freedom From the Bondage of the Enemy.

Psalm 34 NKJV – “I will bless the LORD at all times; his praise shall continually be in my mouth. My soul shall make its boast in the LORD; the humble shall hear of it and be glad. Oh, magnify the LORD with me, and let us exalt His name together. I sought the LORD, and He heard me, and delivered me from all my fears. They looked to Him and were radiant, and their faces were not ashamed. This poor man cried out, and the LORD heard him, and saved him out of all his troubles. The angel of the LORD encamps all around those who fear Him, and delivers them. Oh, taste and see that the LORD is good; blessed is the man who trusts in Him! Oh, fear the

LORD, you His saints! There is no want to those who fear Him. The young lions lack and suffer hunger; but those who seek the LORD shall not lack any good thing...The eyes of the LORD are on the righteous, and His ears are open to their cry. The face of the LORD is against those who do evil, to cut off the remembrance of them from the earth.

The righteous cry out, and the LORD hears, and delivers them out of all their troubles. The LORD is near to those who have a broken heart, and saves such as have a contrite spirit. ... the LORD delivers him ...The LORD redeems the soul of His servants, and none of those who trust in Him shall be condemned.”

The Next 30 Days

Repeat the Declaration of Faith, on the following page, aloud to yourself at least once every day for the next 30 days or until the Holy Spirit releases you. Ask the Spirit to speak to your spirit, and whenever something seems to “light up” your spirit, ask the Lord what to do with that.

My Declaration of Faith

Heavenly Father, I choose to believe what Your Word says about me (Isaiah 40:8) rather than my carnal thoughts and feelings (2 Corinthians 10:4). My unbelief has been sin (Romans 14:23).

Lord Jesus, thank You for loving me enough to die on the cross for my sins (Romans 5:8). There is, therefore, now no condemnation to me because I am in you (Romans 8:1). Every sin, past - present - future, has been forgiven (Ephesians 1:7) and cleansed (I John 1:7) by your blood. Your love for me is perfect (I John 4:18); therefore, I have nothing to fear. Thank You that nothing can touch me unless it is filtered through You, and all things will work for my good and Your glory (Romans 8:28). Your love for me is unconditional (John 15:9) and everlasting (Jeremiah 31:3). I open my heart and life to Your love; flow that love through me (Romans 5:5).

You know everything about me (Psalms 139:1-4) and yet You have accepted me just as I am in the beloved (Ephesians 1:6). You made me unique and special to fulfill Your plan (Ephesians 2:10). Thank You for my body, my abilities, my parents which You designed as a part of Your perfect plan (Psalms 139:14). Thank You for the Holy Spirit who lives within me to empower me to obey You (Ephesians 3:20). Thank You that I am complete in You (Colossians 2:10). You have given me all spiritual blessings in Christ (Ephesians 1:3). Your strength is adequate for every task; Your grace is sufficient for every trial (2 Corinthians 12:9). I can do all

things through You, Lord Jesus (Philippians 4:13). Thank You that You will perfect in me Your plan (I Thessalonians 5:23-24). You are faithful even when I am not (2 Timothy 2:13). You have promised never to leave me (Hebrews 13:5). Even now You are changing me bit by bit into Your image (2 Corinthians 3:18). I will not be foolish by comparing myself with others (2 Corinthians 10:12,5).

Father, how good it is to be Your child. I belong! (I John 3:1) That makes me Your responsibility (John 15:16). I give myself completely to You. Whatever is accomplished in and through my life, you will have to do it (John 15:5; Philippians 2:13). Thank You for the confidence that You will (Philippians 1:6). Praise, praise be to you!

Personal Ministry Sessions

If you need further help, Ministers are available for a personal appointment free of charge. Should you desire, you may choose to give a love offering. To request a personal ministry session, kindly check with the Ministry or Minister who shared this eBook with you.

A Final Note:

This resource is freely given and may be shared with others. If you feel led by the Lord to support this ministry, love offerings may be given through the [Daily Grace Ministries Website Donate Page](#).

Blessings from Jim Hageman – jim@dailygraceministries.com.